

Salford Learning Disability Services.



You Said...

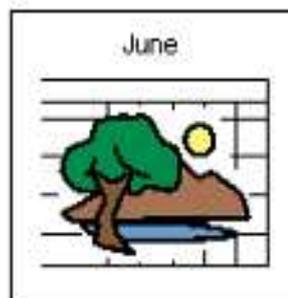
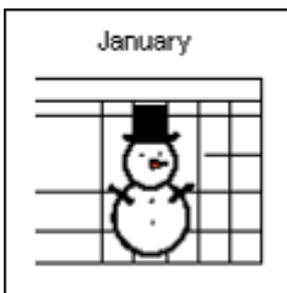
Salford City Council



We did.....



The Listening to People Task Group told us these are the things they think are most important to talk about and try and change this year.



2019



Friendships and Relationships



Greater Manchester have commissioned Meet 'n' Match to come and work in all it's towns and cities.

Meet 'n' Match is a dating and friendships agency for people with learning disabilities, autism or both.

It also runs social nights and sex and relationships training.

<http://www.meet-n-match.co.uk/>



TAG have started going to raves in Manchester



Mona street project – people from the Moving on Up Project, and those supported by the complex needs teams and drugs and alcohol teams all work together in this community garden for the benefit of the whole community.



Communication

✓ For all the important things we need to make sure you know what is happening and that your thoughts are being listened to.



✓ Understanding how everyone communicates means that we can listen to people better when they are sticking up for themselves.



You worked through the 'service specification' for the self advocacy service. You were happy that it said what you said it should.

The commissioner has approached voluntary sector organisations to see if they want to do the work. So far none have asked to do it. She will keep trying to find a way to get this work happening.



Social care assessors have had autism training so they are more aware of how to assess people who have autism.



Staying Healthy

- ✓ Sticking up for yourself makes you feel good.
- ✓ Being as well as you can be in body and mind.



Planning The Big Health Day 2019

You told us what workshops and information stalls you want at this year's Big Health day.

We will make sure the things there are the things you want to learn more about to take more control over your own health.

You decided it should be called 'My health, my life'

Find out more – lindsey.brook@nhs.net



We have looked at Healthy eating and how this impacts your diagnosis in passport to independence. We also run the food hygiene course at TAG.



Learning Disability training for staff at Pendleway has been delivered so staff have a better understanding of how to support someone with Learning Disabilities.

Making a Contribution



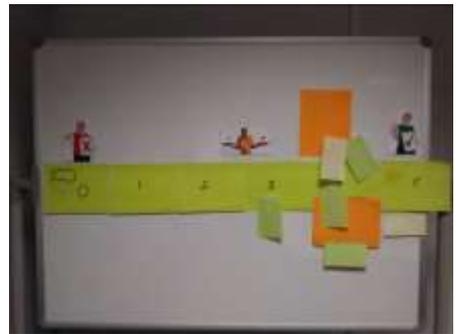
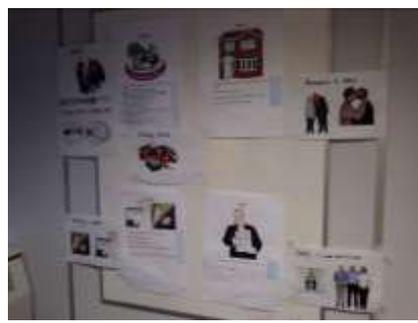
- ✓ Being a part of groups and 'sticking up for yourself'.
- ✓ Having voluntary or paid jobs
- ✓ Telling learning difficulties services, the council, NHS and the police about how things should be

ASPIRE

You helped with the review of 'Aspire' services by sharing your experiences of using them. Commissioners are still deciding what the next steps are for Aspire.



Sean Demspey won the 'Derek Russell Outstanding Leader' award for 2019



8 people with learning disabilities and 5 carers helped us choose the new providers for the 'Learning Disability Supported Living' network.

The 4 winning providers start in June 2019



Being Person Centred

Being supported in a Person Centred way will help you to:

- ✓ Stick up for yourself
- ✓ Have better relationships
- ✓ Find the right jobs for you
- ✓ Feel and be safer.



The 'Moving on Up' project – known as MOUP - is a 24 hour service aimed at supporting young people (from 16 years of age) with Complex Needs and chaotic lifestyles to; self-manage their own condition(s); develop independence/daily living skills; integrate into the community; develop meaningful relationships; navigate services; and (where appropriate) manage a tenancy.



The project was successful so has been expanded following engagement with the young people using the service. The young people were also involved in choosing the new provided.

Find out more - Paula.Officer@srft.nhs.uk



Tag are setting up their own council. It helps decide what will happen at TAG and also links in with Salford Youth Council to have their voices heard at a local political level.



Feeling Safe

- ✓ In your community
- ✓ In services
- ✓ In your home.



Learning Disabilities Mortality Review (LeDeR) Programme

We have asked one of the learning disability nurses to do all the LeDeR reviews. This means they can do the reviews more easily and 'see the big picture' to help us learn what needs to change so people do not die sooner than is usual.



Passport to Independence is a new course to help young people aged 18 – 21 with Autism or ADHD who live independently understand themselves better and learn new skills. This keeps them safe in their communities, helps them learn how to try new things safely and how to make new friends safely.

To ask any questions about the contents of this newsletter or to share examples of good practice for the next one contact:



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