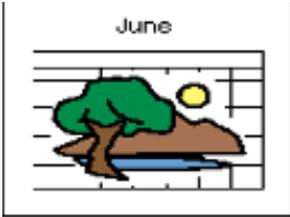
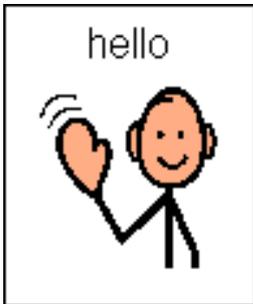


Listening to People



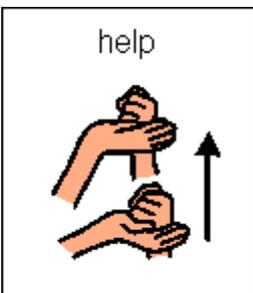
Minutes from the meeting held on 22nd June 2021 on zoom



The people who came to the meeting were:

Teresa Whittaker (Chair), Olive Johnson, Michael and Stephen from St George's, Neil from Alexandra House, Darren, 4 people from Brierley House including Raymond, 2 Blackcroft Drive, Phillip and **Sean Dempsey (Ambassador)**.

If I missed anyone off, I'm really sorry.



People were helped to take part by family members, support staff and Linzi Brook (facilitator)

Dave Williams, Head of Learning Disability Services came to listen to you and answer any questions you had.



This was our first meeting using zoom and there were some difficulties with noise and with making sure people sharing a screen all got to take part and join in, but we will get better as we practice.

We went through the rules for the group.



Your Questions



When will Mindfulness start again? I used to go to Alexandra House on Mondays to do it. I could go there, or I could do it on zoom.

We will ask the psychology team about this. (Linzi)



It was Psychology that used to deliver Mindfulness yes, but there is no plan to continue with Mindfulness at the moment. It might be something we look to do in the future if it is something that people with learning disabilities would like in Salford. (Psychology Team)



What are you planning to do in day centres?



We are always checking that services are right for the people using them. We want to talk to people who use day centres and their families so we can find out from you what needs to change. (Dave Williams)



Is there enough respite? Is Granville enough?



We are looking if there is enough space in services and respite is one of the things we will be thinking about. (Dave Williams)



It is important to have a voice and be heard, we need to reach out to all day centres to hear people’s voices. We need to provide a strategy and to fully support groups including with money. We need to support each other.



I agree, that is why it was so important for me to come here today, during Learning Disability week. We really want to listen to you and your voices help us make choices about the work we do and services we provide. During the lockdowns I have kept meeting with Sean, your Ambassador to try and keep hearing your voices. Myself and other bosses from Salford have been to Listening to People before and we will come again, when we are invited. (Dave Williams)



When can we go on outings from the day centres?



You will need to ask your day centres about that – the rules from the Government say you could be going out in small groups now. (Dave Williams)

Aspire want to start supporting people back into community activities as soon as possible. They plan to make it somebody’s job to find out what people want and what activities are available.



They are thinking about transport because they know that can make it hard to do things in the community. (Lisa Dickinson, Chief Executive Officer, Aspire).



When will TAG start again?



I will find out – but TAG is just for people up to age 24 I think.
(Linzi)



Staff are important to everyone: to protect their wellbeing and communications; to support them and to understand what is important to them. How do staff know what is important to people they support?



Aspire work with people to make a Person Centred Support Plan that says what is important to the person and what they want and need. This plan has a section about how best to communicate with the person and how they choose things. Everyone has a keyworker who knows them best and works with them and their family.



Aspire has talked to people on the phone to find out what they want from them as the Covid-19 restrictions ease and people can start going back to the day centres.



Aspire plan to start doing forums in the day centres and to help people join in 'Listening to People'. (Lisa Dickinson, Chief Executive Officer, Aspire).



Day Centre

When can I go back to St George's for sessions?



It all depends on what the Government says – the rules right now say we can only offer services to small groups in ‘bubbles’. This is to make sure the Covid-19 virus does not get spread. When the Government says we can have bigger groups we will start doing that (Aspire staff)



Some things you are happy about



Day Centre

Brierly House - Good staff and good activities

St George's – seeing my friends



Ring and Ride (my Mum organises it for me)



The sunshine



Having my Covid -19 jab



I am happy with my life, I wouldn't change anything.



Talking to friends on the phone and even better on zoom.



Going to Top Club
Parties
Club nights



What could be better right now?



Going to a day centre with other people like me, people who can talk with me.



Sometimes the day centre is boring



I want to go out to places from the day centre not stay there all day



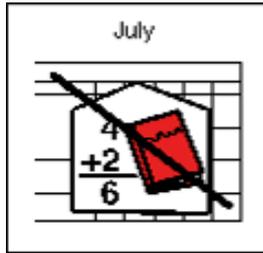
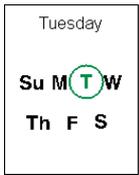
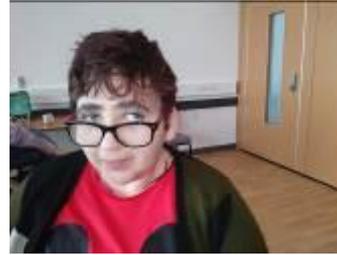
I would like to get out and about again
It's boring having to stay at home all the time



I don't hear from my social worker.



Thanks for coming.



Tuesday 20th July 2021 on zoom at 11am.



[Link to join next meeting](#)

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