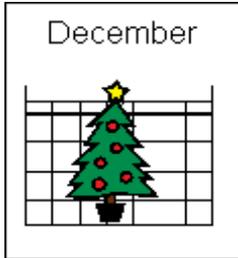
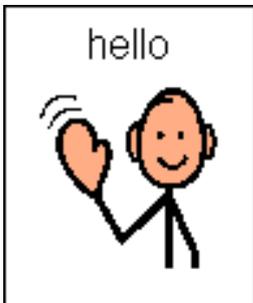


Listening to People

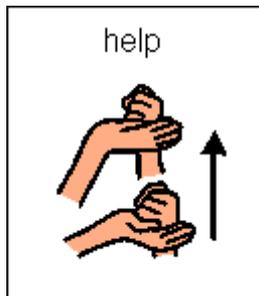


Minutes from the meeting held on 17th December 2019 At Walkden Gateway.



1. The people who came to the meeting were:

Teresa Whittaker (Chair), Sean Dempsey (Ambassador), Graham Bent, Andrew Watson, Keith Johnson (GM Confirm and Challenge), Marian Watkins, Lynn Ward, James Fitz Benning, John Roberts, Patrick Scholes, Hannah Kennedy, Joanne Costello, Michelle Walsh and Mark Ashton.



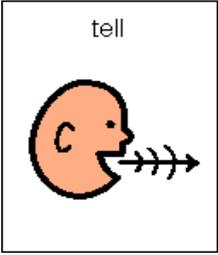
Supporters to the group were:

Linzi Brook(Support to Chair), Elaine Billings (CTLD), Emma and Sue (Support to John, James and Teresa). Amber Barber (newly started social worker, CLDT)



Some people could not come and said 'Sorry':

Olive Johnson, Gordon Mayer, Deborah Hall, Jon Byrne.



Does anybody want to say anything else?



A – They are recruiting new staff where I live. They have got some more men.

I spoke up to the manager about one of the new staff not knowing how to help me move properly. They will get some more training.



J – I am moving into my new flat on 5th January. I have already potted up loads of vegetables for when I move.



L –



I just got back from my holiday in Blackpool yesterday – it was a ‘turkey and tinsel’ break. I had a great time.



M – I’m going to Blackpool on my holidays in July for my birthday.



L – It’s my birthday on Friday (we all sang ‘Happy Birthday’)



H – In June I'm going to Spain with my family.



P – I went to Blackpool and also on a cruise this year. The cruise was best!



Linzi – It sounds like holidays are really important to you



P – I banged my head and I had to go to hospital. I had a long wait in A & E. They had to examine me and everything. I had stiches.



L – I see the district nurse, she visits me at home and she is dead nice.



Linzi – In the new year this group is going to be asked to help think about what is important for a new nurse who will be working with GPs.



S – I want to help train students about what is learning disability.

J – There are not enough cycle paths in this country, there are loads more in Belgium.

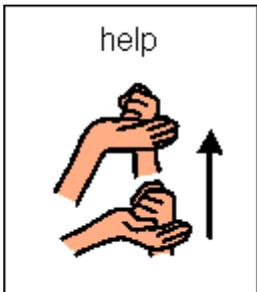


Linzi – I think you'd be surprised, there are lots of cycle paths and walking routes in Salford. <https://www.salford.gov.uk/parking-roads-and-travel/cycling-and-walking/traffic-free-cycling-and-walking-routes/>



We talked about staying safe on the roads and that led to a discussion about suicide. Sometime people take their own lives by jumping from bridges over roads. You said:

- Some bridges, like the one in Eccles over the M602, have glass walls and a roof. This is good because it helps people stay safe.



- Some bridges have messages on telling people who might have gone there to take their life where they can get help.

- There is help out there for people who feel desperate

- People can go to groups to help them

- It is really important to talk about your feelings, especially if you feel really sad.





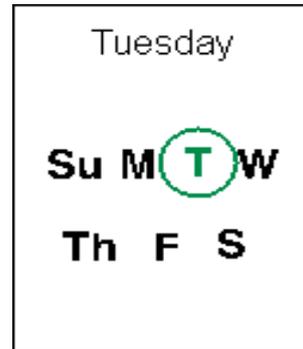
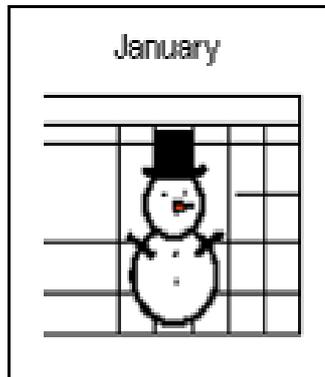
We had an amazing shared buffet lunch from all the things you all brought in. It was fab! Thanks to everyone for what they brought.



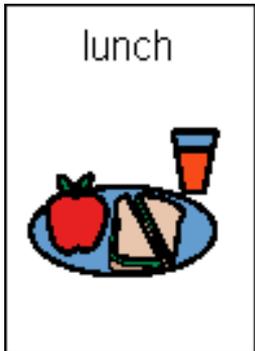
We looked back at all the great work this group has done in 2017. The posters are with these notes.



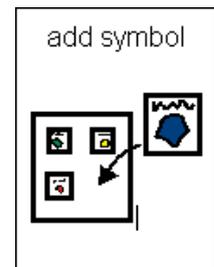
Thanks for coming.
Notes sent by Teresa and
Linzi



Tuesday 21st January 2020 at 11 O'Clock at Walden Gateway



Don't forget your packed lunch.



<https://www.facebook.com/SalfordLDInfo>

